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ACE / ARB initial dose letter

Dear Sir or Madam

You recently had an appointment at the surgery at which you discussed your blood pressure with the doctor. Your blood pressure was higher than normal ranges and we agreed you would start taking a medicine called an ACE inhibitor (usually Ramipril) or called an ACE (usually Losartan).

Before starting this medication you needed to have a blood test to check your kidney function. The results of this test have now arrived and we are pleased to inform you that your kidney function is normal.

This means that you can then start taking your new medication to ensure your blood pressure is well controlled.

What to do next:

- Start taking the agreed dose of Ramipril / Losartan immediately.
- Book an appointment with our healthcare assistant for a blood test 7-10 days after you start taking the medicine to re-recheck your kidney function and blood pressure.

If you have any questions regarding this do not hesitate to contact the practice and speak with the doctor.

Yours sincerely

Drs Adams, Ahmed, Dalton, Hallas, Fisher, Gordon, Oxley, Theaker